Piano Technique: Micro-Lessons



Technique & Interpretation are *inseparable*.



How you MOVE your body is the way the music is going to SOUND and FEEL.



Suggesting that you play the piano using only your fingers is like saying that you dance ballet using only your feet.



BEWARE of anyone who claims that you need to build strength & endurance in order to play the piano.



You cannot make beautiful music if you play using just your fingers, no matter how dexterous & well-trained they might be.



Musical technique is achieved by fluid CHOREOGRAPHY, not machine-like precision.



The solution to a technical problem is always found in the direction of MENTAL & PHYSICAL EASE.



Never stop playing... even in-between the notes... *especially* in-between the notes!



Playing with a musical technique is largely the process of learning how to get out of your own way.



Even SMALL ADJUSTMENTS in how you position and move your body will absolutely LIBERATE your technique.



Fast playing is not a matter of developing "speed", but about cultivating ACCURACY!



Playing the piano well is like DANCING... with a partner.



All progress in piano technique is achieved by changing your BRAIN... not by changing your muscles.



Grouping of notes into meaningful musical PATTERNS, both physically and mentally, is essential to technical freedom and ease.



Accuracy and musicality are achieved by engaging all *four musical intelligences*: **Aural, Analytical, Visio-spatial, & Kinesthetic**.



Expert piano technique is a TEAM SPORT... Your entire body contributes to every musical idea, large and small.



Musical technique is always PREPARING & ANTICIPATING... mentally and physically CONNECTING one musical place to another!



A simple, coordinated GESTURE is all that is required to play any musical pattern with freedom, ease, and confidence.



The keyboard is not a gymnasium... It's a DANCE floor!

