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Rhythm, even without pitches,  
is a musical LANGUAGE  
in and of itself.

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Musical time is not some  
abstract mathematical concept...  
Musical time lives and breathes  
in the way you **MOVE** your body!

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Musical RHYTHM &  
Musical TECHNIQUE  
are INSEPARABLE!

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Rhythm is just as important  
as the notes you play.

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Playing "with good time"  
is not about robotic precision,  
but about learning how to dance.

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Musical time is a very  
**DELICATE FABRIC...**

Any attempt to fight  
its natural flow  
will tear the threads.

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Musical Rhythm  
always flows *outward*...  
from your torso, through your  
shoulders, through your arms,  
through your hands,  
and into your fingers.

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Rhythm should feel NATURAL...  
ebbing, flowing, breathing  
with each musical phrase.

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Musical Rhythm is not achieved  
by machine-like precision,  
but by fluid CHOREOGRAPHY!

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TIME NEVER STOPS...  
Time keeps flowing...  
even in-between the notes.

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Don't try to keep time  
with your fingers...  
Express the time  
with your entire body  
and let your fingers  
go along for the ride.

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You cannot **MAKE**  
musical time happen...  
You can only **ALLOW**  
musical time to happen.

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Musical rhythm has the power  
to MOVE people...  
literally and figuratively...  
transforming your audience  
from passive listeners  
into active participants.

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